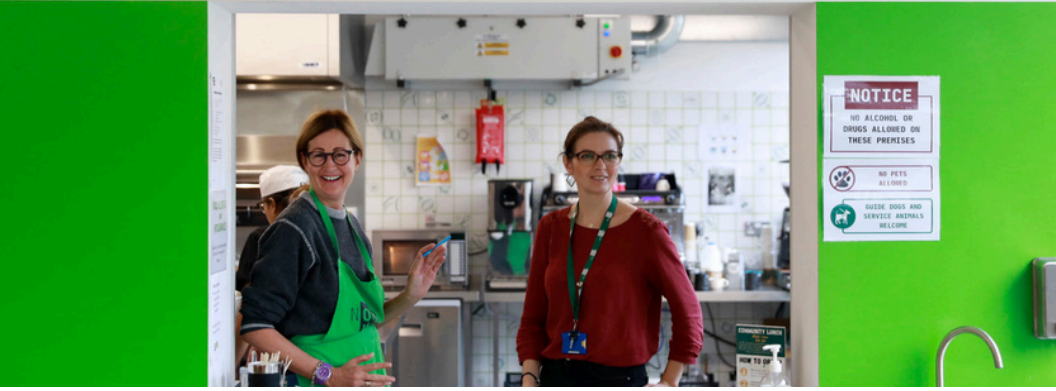


WELCOME



NOURISH HUB

Nourish Hub Overview 2021-2024

Overview

Nourish Hub, operated by UKHarvest, is a community food hub, kitchen and learning space in Hammersmith & Fulham, London. From the sociable nature of sharing food, to formal training opportunities, the Nourish Hub is a space for the whole community to come together, eat well, and learn essential skills for life.

WELCOME



UKHarvest

Operating Nourish Hub is UKHarvest, a not-for-profit environmental charity on a mission to prevent food waste and food insecurity by enriching and educating our communities.

We help nurture those most food insecure to live well, age well and help combat social isolation, by providing food and education on how to reduce household food waste, cook and eat healthily.

"As a young woman experiencing crisis for the first time, this organisation has been a huge part of getting me back into a routine, restoring my hope for the future, and reassuring me that no matter what happens, there will always be a hot meal, friendly people and a safe space to welcome me."

Royal Patronage

We are honoured that Her Majesty The Queen, formerly HRH The Duchess of Cornwall, is a patron of our charity. Her Majesty attended our official launch in 2022 where Her Majesty congratulated the team for creating a space that benefits the local community.



SUPPORTED BY
MAYOR OF LONDON



Aims and Objectives

Nourish Hub has been delivered as part of the wider Nourish programme funded through developer contributions secured by Hammersmith and Fulham (H&F) and the Mayor of London's Good Growth Fund which focuses on projects that put local communities at the heart of regeneration, and give people a voice in shaping how the capital will grow.



tackle food poverty



provide educational training



tackle social isolation



Achievements

Since its launch, Nourish Hub has...

Dished out

82,698

meals

Delivered

868

educational and
cultural events

Supported

283

volunteers

"Thank you for all that you do, and for providing food for those most in need, and for all the friendly and accepting, non-judgemental staff. Truly a place for all!"

Want to know more?

Watch our video, created by Goodman Foundation, to find out what else we do.



Our Services

Eat with us

Everyone is welcome at our community meal Monday to Friday, Brekky Clubs and Community Suppers, it works just like your favourite café, except all food is offered on a 'donate as you dine' basis, so anyone can access nutritious meals despite their budget.

Bring your colleagues for lunch: Mon - Fri, 12 - 3pm

Volunteer

Supporting over 190 community volunteers and 93 from corporate partnerships, our volunteer programme improves catering and hospitality skills in a nurturing and safe environment. As a result of this programme, some volunteers have successfully gained employment, others have set up their own catering businesses and some reported improved language development and confidence.

For corporate days: www.nourishhub.org.uk/cook-for-good

Meals and Chat

We ensure that vulnerable and isolated residents of Hammersmith and Fulham have access to nutritious, homemade meals and someone to speak with through our friendly delivery service. Meals and a Chat provides residents with an essential welfare check, with riders working closely with the Adult Social Care team. Meals delivered by electric-cargo bikes and riders ground our mission as an environmental organisation.

Support our mission: www.nourishhub.org.uk/donate

NOURISHed (Education)

Multiple week courses, one-off and bespoke sessions improve residents' cookery skills, healthy eating knowledge whilst learning to fight food waste. With the focus on cooking with what you have, mindful of resident's access to food, the social environment gives residents confidence to develop their skills.

Sponsor a session: www.nourishhub.org.uk/donate

Space Hire

Nourish Hub provides a modern and welcoming space for local residents and community groups to hire and use for their projects and activities. Spaces such as the meeting room have been identified as sustainable revenue for the project, with all funds raised reinvested into the delivery of community projects.

Hire our space: www.nourishhub.org.uk/space-hire





Awards

Thanks to its innovative model, the hub has been recognized with eight awards and commendations for its use of space and community work:

- Highly Commended Civic Trust Awards 2023
- Winner of 2022 Planning and Placemaking Award for Community-led Placemaking
- Winner of 2022 Pineapple Award for Activation
- Selected for Placemaking Week Europe 2022
- Best 100 Taste Awards 2023
- Shortlisted for 2021 MCA Award for Social Value
- Winner of 2021 NLA Special Prize
- Winner of 2021 NLA Mayor's Prize
- Winner of 2021 MacEwen Award: Architecture for Common Good

“Coming to the Nourish Hub frees up space for me to answer to those areas in my life that feel too big to face, the meals and the sense of community fills me up and I don't feel alone anymore, I feel like someone is looking out for me so I can take the necessary steps to look after myself and work towards improving my situation beyond basic needs for the long run.”



Climate Action

As a member of the H&F Climate Alliance, we recognise the need for organisations to take rapid climate action to deliver net zero greenhouse gas emissions by 2030 for the borough of Hammersmith & Fulham and want to play our part in achieving this. We commit to the below H&F Climate Alliance pledge principles:

LEARN: To measure our greenhouse gas emissions to understand our main climate impacts and monitor these on an ongoing basis.

PLAN: To develop and implement a Climate Action Plan.

SHARE: To share progress made and climate action taken with H&F Council and Climate Alliance members each year.

Partnerships

Nourish Hub has partnered with over 80 local charities, schools and businesses since its launch, offering services from education to food provision. Partnerships with community groups and within the local authority have been key in adding value to our services.

Sitting on the Cost-Of-Living Working Group, Nourish Hub supports the research, procurement and implementation of a borough-wide signposting tool. Nourish Hub co-chairs the Food For All Partnership and secured Greater London Authority funding to recruit a Partnership Coordinator. This post has been an integral part of the progression of the council's Food Plan.

Dr Bike, delivered in partnership with the Environment Department - Smarter Transport on Wednesdays, enables residents to access bicycle maintenance for free, and supports the borough's Climate Mission.

The Nourish Hub team are also representatives of Hammersmith and Fulham Primary Care Network, Provider of Older Peoples Services Forum (POPS) and Dementia Action Alliance to name a few.

To become a partner, email: info@nourishhub.org.uk



"I appreciate what this organisation is doing and hope that it grows and gets the required support needed to keep doing what I hear and witnessed this evening. I hope to return and soon bring people that can strengthen the programme."

Press

We are proud to feature in the news, with coverage including BBC London and My London. We are happy to share our story or support others.

For press enquiries email: info@nourishhub.org.uk

Contact Us

info@nourishhub.org.uk

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